

Frequent Mental Distress (Adults)

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- Most recent data (2014): 10% or about 152,900 King County adults age 18+.
- Trend over time: 2000-14: flat
- Description: Had 14 or more days with poor mental health in the past 30 days
- Healthy People 2020 Goal: None listed for this indicator.

Frequent mental distress (adults), King County, 2010-2014 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	10	10	11
AGE			
18-24	15	12	18
25-44	11	10	12
45-64	11	10	12
65+	5	5	6
GENDER			
Male	9	8	10
Female	12	11	13
RACE/ETHNICITY			
AIAN	11	6	19
Asian	7	5	9
Black	13	10	17
Hispanic	15	12	18
Multiple	14	10	19
NHPI	2 §	1 §	6 §
White	11	10	12
HOUSEHOLD INCOME			
<\$15,000	26	22	30
\$15,000 to \$24,999	18	15	21
\$25,000 to \$34,999	12	9	16
\$35,000 to \$49,999	10	8	13
\$50,000 to \$74,999	7	6	9
\$75,000+	6	5	7
REGION			
East	8	7	9
North	9	7	13
Seattle	11	10	12
South	13	11	14
STATE			
Washington State	11	11	12

Comparisons:

- Higher than King County rate (yellow)
- Lower than King County rate (green)

Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 07/2016.

CI is 95% Confidence Interval.

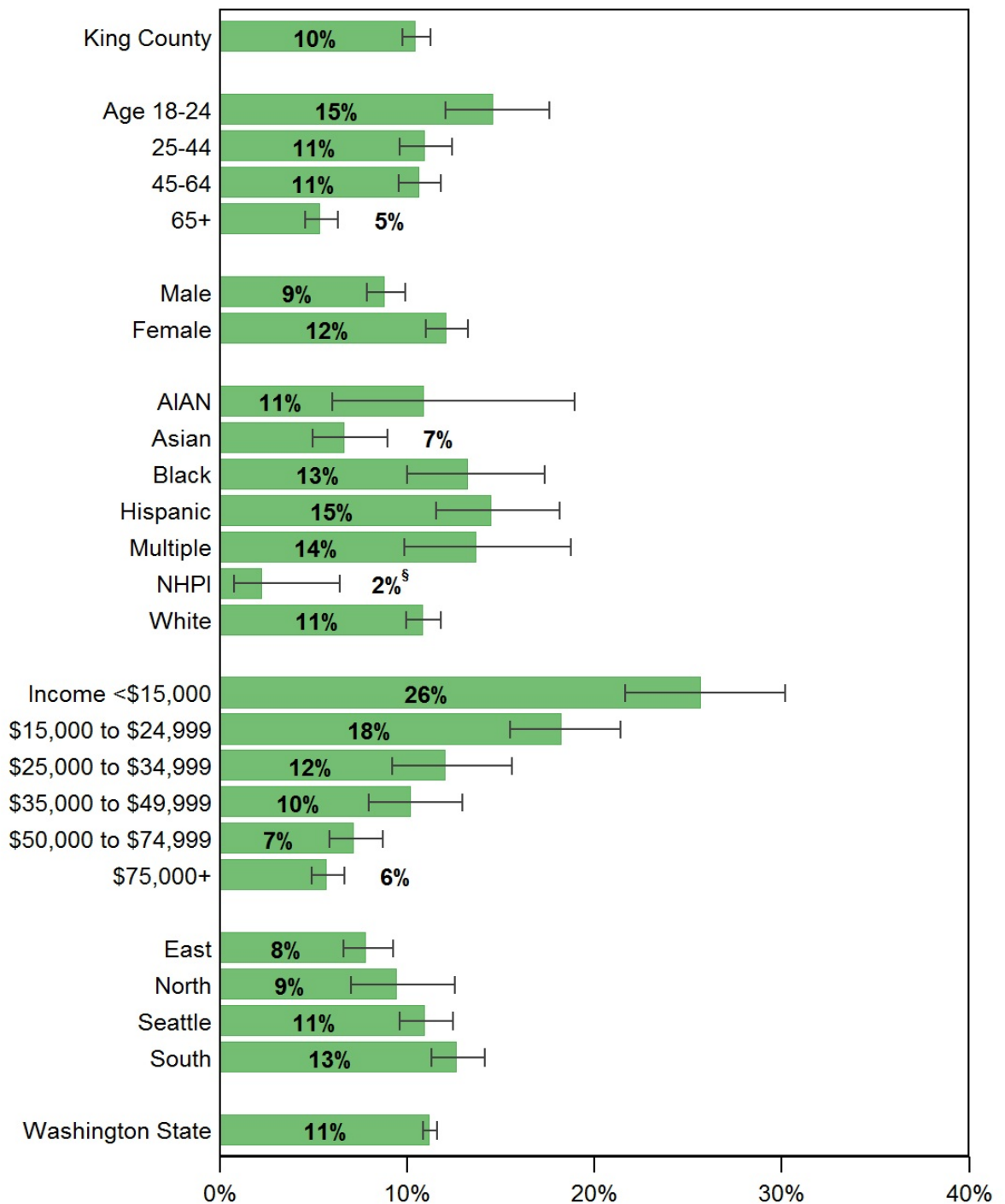
* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Frequent mental distress (adults)

King County, 2010-2014 average



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[-----] Confidence interval shows range that includes true value 95% of the time.

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Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Frequent mental distress (adults) by health reporting areas, King County, 2010-2014 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	10	10	11
Auburn	16	11	23
..Auburn-North	14	8	21
..Auburn-South	20	11	34
Bear Creek/Carnation/Duvall	8	5	12
Bellevue	7	5	10
..Bellevue-Central	7 §	4 §	14 §
..Bellevue-NE	10	6	18
..Bellevue-South	6 §	3 §	11 §
..Bellevue-West	4 §	2 §	9 §
Black Diamond/Enumclaw/SE County	13	8	19
Bothell/Woodinville	10 §	5 §	19 §
Burien	16	11	23
Covington/Maple Valley	9	5	14
Des Moines/Normandy Park	13	8	20
East Federal Way	13	8	21
Fairwood	11 §	6 §	22 §
Federal Way	15	10	20
..Fed Way-Central/Military Rd	14	9	21
..Fed Way-Dash Point/Woodmont	16	9	26
Issaquah	7 §	3 §	14 §
Kenmore/LFP	9	5	15
Kent	14	11	18
..Kent-East	17	10	28
..Kent-SE	13	9	18
..Kent-West	13	7	23
Kirkland	7	5	10
..Kirkland	8	5	13
..Kirkland North	6	3	10
Mercer Isle/Pt Cities	10 §	6 §	18 §
Newcastle/Four Creeks	8	5	14
North Highline	19 §	10 §	32 §
Redmond	8	5	15
Renton	10	7	13
..Renton-East	6 §	3 §	12 §
..Renton-North	12	7	20
..Renton-South	11	7	17
Sammamish	8	4	13
SeaTac/Tukwila	11	7	16
Seattle	11	10	12
..Ballard	8	6	13
..Beacon/Glown/S.Park	14	8	23
..Capitol Hill/E.lake	12	8	18
..Central Seattle	10	6	17
..Delridge	14	9	21
..Downtown	13	7	21
..Fremont/Greenlake	11	6	18
..NE Seattle	9	6	15
..North Seattle	12	9	17
..NW Seattle	11	7	16
..QA/Magnolia	9	6	15
..SE Seattle	13	8	20
..West Seattle	10	6	15
Shoreline	9	6	14
Snoqualmie/North Bend/Skykomish	9	6	15
Vashon Island	7 §	2 §	16 §

Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

Notes:

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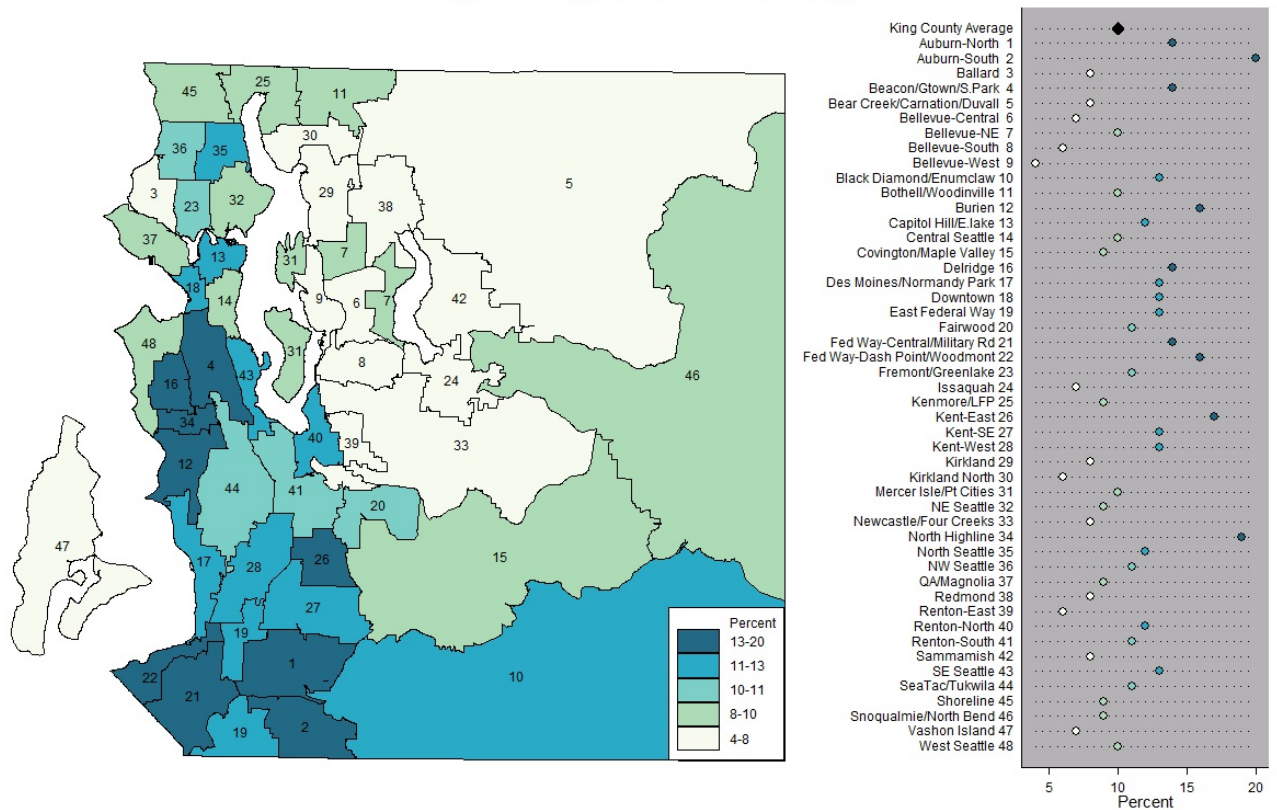
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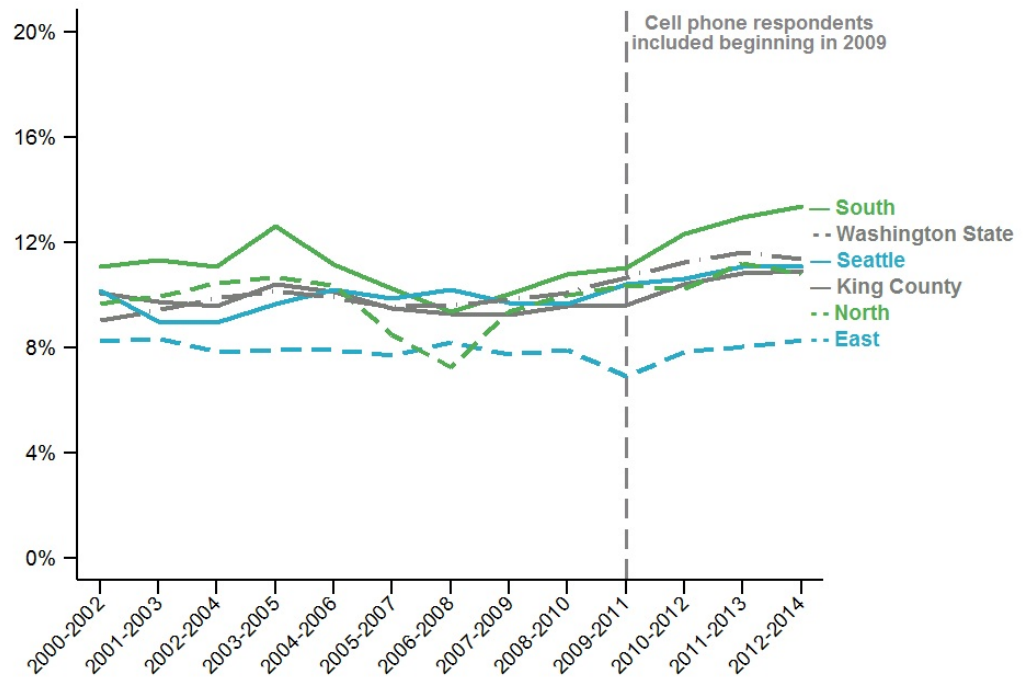
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Frequent mental distress (adults) by health reporting areas King County, 2010-2014 average



Note: HRA labels on the map match the chart on the right, listed in alphabetical order
Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 07/2016.

Frequent mental distress (adults) King County, 2000-2014, three-year rolling averages



Trends over time: King County (2000-14: flat); East KC (2000-14: flat); North KC (2000-14: flat); Seattle (2000-14: flat); South KC (2000-14: flat); Washington State (2000-14: rising)
Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 07/2016.

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